

food allergy support

Sourcing “allergy friendly” products: a guide for retailers and manufacturers

The following companies offer products “free from” certain allergens on sites where the risk of cross-contamination has been minimised. We are not able to offer guarantees about the companies listed in this section and have not verified each one individually. Nevertheless we are as confident as we can be that they are committed to providing products suitable for people with allergies to certain foods.

It's Nut Free

What they offer: Award-winning products manufactured in a purpose built, BRC-accredited nut-free factory. Product range includes flapjack cereal bars (fudge, chocolate, crunchy and cherry), breakfast cereal (oat & raisin, fudge & chocolate chip and tropical), Belgian chocolate (milk, dark and white), fudge and dried fruits including snack bags (tropical, raisin fudge & chocolate chip, chocolate truffle fudge and caramel truffle fudge). Also speciality products such as Refrigerator Cake (Gold Winner in the Guild of Fine Foods Great Taste Awards) and Christmas Mincemeat (winner of the Foods Matter Free From Awards). Products are available in various sizes, e.g. flapjacks in 60g individual bars or 35g snack size; breakfast cereal in 700g family size or 50g individual sachet.

All products are nut and peanut-free; also egg free. Customers include major supermarket chains, hospitals, schools, YHA, National Trust, de Vere and other hotel chains.

Contact: Angela Russell, founder of It's Nut Free.

Address: Moxon Court, Thurston Road, Northallerton, North Yorkshire, DL6 2NG. **Tel:** 01609 775660. **Website:** www.itsnutfree.com

Just Love Food Company Ltd

What they offer: Focusing currently on providing nut-safe birthday cakes and nut-safe everyday cakes from a dedicated nut-free manufacturing facility. Supplying into major retailers, food service and the public sector.

Just Love Food Company Ltd makes a “nut safe” promise:

- Recipe has no nuts
- Manufactured in a factory that will NEVER handle nuts
- Ingredients supplied from a manufacturing area that does not handle nuts

Contact: Mike Woods, owner of Just Love Food Company Ltd.

Address: Unit 6, Oakdale Court, Bryn Brithdir, Oakdale Business Park, Blackwood, Gwent NP12 4AD. **Tel:** 01495 249710. **Website:** www.justlovefoodcompany.com

Plamil

What they offer: Plamil is an independent company specialising in 'free from' food production. In the 1960's Plamil recognised that many consumers wanted to avoid both the direct inclusion of an ingredient – initially dairy – but also the total exclusion and/or possibility of contamination. Products available in conventional and organic quality include chocolate, chocolate spreads, milk alternatives and egg-free mayonnaise. Products are sold worldwide. In particular Plamil's chocolate production facilities produce a whole range for retail, manufacturing and own label. The range excludes the majority of allergens including milk components, gluten and nuts.

Contact: Adrian Ling, Director of Plamil.

Address: Plamil Foods Ltd, Folkestone, Kent CT19 6PQ. **Tel:** +44 (0)1303 850588. **Website:** www.plamilfoods.co.uk.